

## 2025 Standard Plus Preventive Medications List (Generics Only)

In addition to a healthy lifestyle, getting preventive care and taking preventive medications can be an important step people take to avoid many illnesses and maintain good health.

Medical Mutual has adopted the following list of preventive medications to support this goal. This list provides examples of commonly prescribed preventive medications. We grouped the medications together based on the medical conditions they are used to prevent. This is not an all inclusive list; only examples of medications in each category are listed. This list also does not guarantee coverage of a particular medication or describe the type of payment you may owe. Depending on your plan, you may not have to pay a copay, coinsurance or deductible amount for preventive medications. For more information about your cost of coverage, please check with your plan administrator and/or benefit information materials.

If you have questions about your preventive medication benefits, please call Customer Care at the number on your health plan identification.

### ASTHMA/COPD

arformoterol  
albuterol HFA  
albuterol nebulizer solution  
albuterol oral  
breyna  
budesonide oral inhalation  
cromolyn nebulizer solution  
fluticasone/salmeterol  
formoterol  
Inhaler and nebulizer assistive devices  
ipratropium/albuterol nebulizer solution  
ipratropium nebulizer solution  
levabuterol nebulizer solution  
metaproterenol  
montelukast  
roflumilast  
Spirometers  
tiotropium cap-inhaler  
terbutaline oral  
theophylline  
theophylline er  
wixela inhub  
zileuton er

### BONE DISEASE AND FRACTURES

alendronate  
risedronate  
isedronate dr  
raloxifene  
ibandronate oral  
zoledronic acid

### CAVITIES

periomed  
sodium fluoride rinse, gel, cream, paste, tabs and drops

### COLONOSCOPY PREPARATION\*

gavilyte-c  
gavilyte-g  
gavilyte-n  
PEG-3350/electrolytes sodium, potassium and magnesium sulfates

### DEPRESSION

citalopram  
escitalopram  
fluoxetine  
fluoxetine DR  
fluvoxamine  
fluvoxamine ER  
paroxetine  
paroxetine er  
sertraline

### DIABETES

acarbose  
generic syringes, lancets and needles  
glipizide  
glipizide er  
glipizide/metformin  
glyburide  
glyburide micronized  
glyburide/metformin  
metformin  
metformin er  
miglitol  
nateglinide  
pioglitazone/glimepiride  
pioglitazone/metformin  
repaglinide  
saxagliptin  
saxagliptin/metformin

### HEART DISEASE AND STROKE

#### BLOOD THINNERS

aspirin, 81mg\* & 325mg  
aspirin/dipyridamole er  
clopidogrel  
dabigatran  
dipyridamole  
jantoven  
prasugrel  
warfarin

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## CHOLESTEROL LOWERING

amlodipine/atorvastatin  
atorvastatin  
cholestyramine  
cholestyramine light  
colesevelam  
colestipol  
ezetimibe  
ezetimibe/simvastatin  
fenofibrate  
fenofibric acid  
fenofibric acid dr  
fluvastatin  
fluvastatin er  
gemfibrozil  
icosapent ethyl  
lovastatin  
niacin  
niacin er  
pitavastatin  
pravastatin  
prevalite  
rosuvastatin  
simvastatin

## HIGH BLOOD PRESSURE (HBP)

acebutolol  
amlodipine  
amlodipine/atorvastatin  
amlodipine/benazepril  
amlodipine/olmesartan  
amlodipine/olmesartan/hctz  
amlodipine/telmisartan  
amlodipine/valsartan  
amlodipine/valsartan/hctz  
atenolol  
atenolol/chlorthalidone  
benazepril  
benazepril/hctz  
betaxolol  
bisoprolol  
bisoprolol/hctz  
candesartan  
candesartan/hctz  
captopril/hctz  
cartia xt  
chlorthalidone  
diltiazem  
diltiazem er

## HIGH BLOOD PRESSURE (HBP) (continued)

diltiazem cd  
diltiazem er  
enalapril  
enalapril/hctz  
eprosartan  
felodipine er  
fosinopril/hctz  
hydrochlorothiazide  
indapamide  
irbesartan  
irbesartan/hctz  
isradipine  
lisinopril  
lisinopril/hctz  
losartan  
losartan/hctz  
matzim la  
metolazone  
metoprolol/hctz  
metoprolol succinate er  
metoprolol tartrate  
moexipril  
nadolol  
nebivolol  
nicardipine  
nifedipine  
nifedipine er  
nisoldipine er  
olmesartan  
olmesartan/hctz  
perindopril  
pindolol  
propranolol  
propranolol er  
propranolol/hctz  
quinapril  
quinapril/hctz  
ramipril  
taztia xt  
telmisartan  
telmisartan/hctz  
tiadylt er  
timolol  
trandolapril

## HIGH BLOOD PRESSURE (HBP) (continued)

trandolapril/verapamil er  
valsartan  
valsartan/hctz  
verapamil  
verapamil er  
verapamil er pm  
verapamil sr

## MALARIA

chloroquine  
mefloquine  
atovaquone/proguanil  
primaquine

## MISC ANTIVIRALS

emtricitabine/tenofovir  
disoproxil  
fumarate(tdfd)-200mg/300mg\*

## OBESITY

benzphetamine  
diethylpropion  
diethylpropion er  
phendimetrazine  
phendimetrazine er  
phentermine

## SMOKING-CESSATION\*

bupropion sr 150mg varenicline  
nicotine gum and lozenges  
nicotine patches

## VITAMINS OR MINERALS

Folic acid\*  
generic prenatal vitamins  
generic pediatric multivitamins  
with fluoride

\*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

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